

## ENERGY AND RELAXATION

### **Relaxing Oriental Massage Ritual 30min / 70€ - 55min / 95€**

A genuine art of living massage by Cinq Mondes that works on the entire body using delicately perfumed hot Argan oil and scented spray Eau de l'Atlas, with neroli and orange blossom.

### **Spartan Sports massage 55min / 95€**

Sport massage using deep pressure strokes on muscles to relieve back pain and stimulate blood circulation, in order to replenish the body with energy.

The massage is using an aromatic oil-in-gel, focused on a plant-based trio of ben oil, myrtle oil and iris oil, fig and yuka.

### **Polynesian Massage Ritual 55min / 95€ - 80min / 140€**

A body massage treatment inherited from The Polynesian healers and inspired by Lomi-Lomi, which uses deep pressure from the therapist's forearms and long continuous movements. The addition of stone massage deepens the wellness experience.

### **Couple spa package in duo suite 80min / 220€**

A true relaxation moment starting with a 30min hydrotherapy session, followed by our Harmonia 1h-full body relaxation massage. The relaxation level brought by the massage is heightened by the preparation of the body through the water experience.



## TERMS AND CONDITIONS OF SALE

### A MOMENT OF TRANQUILITY

As our Spa is a place to relax and unwind, we would be grateful if you could switch off your mobile phones so that you can fully enjoy your experience and respect the peace and quiet of other guests.

### RESERVATIONS, CANCELLATIONS, AND DELAYS

In order to guarantee you get your preferred appointment time, we advise you to make your booking as far in advance as possible. If you are unable to attend, we would be grateful if you would cancel your appointment at least 24 hours in advance. If you fail to do so, we will be obliged to charge you the price of the treatment you have booked. Any delay will not generate any additional time for the treatment.

### CONTACT :

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Opened every day from 10:00 to 20:00



ORLOFF  
SPA EXPERTS



## EXCLUSIVE TREATMENTS | TRANSFORMATIVE EXPERIENCES

**The Ritual of Sparta Experience** **80min / 140€**  
 This massage ritual by Cinq Mondes revives an old-age European tradition of athletic massage according to Hippocrates writings, for preparation of athletes to the Olympic games. This sports massage relaxes and relieves tension, promotes muscle recovery, while the beautiful head and nape massage is the supreme remedy against all worries.

**Valmont Collagen Hydration treatment** **80min / 195€**  
 The legendary regenerating collagen mask treatment includes a precise massage focused on the lymphatic system. In deference to the fragile nature of this network, the massage is always performed with slow and gentle care to propel a mixture of triple DNA, hyaluronic acid and moisturizing ingredients deep into the skin, achieving a spectacular lift and glow effect.

## FACIALS

### THE ART OF PERFECTION FOR THE FACE

**Regenerating Royal Ko-Bi-Do Facial** **55min / 110€**  
 80% of the treatment time is devoted to massage in this holistic manual anti-wrinkle massage that deeply revitalizes the face and mind using advanced techniques from the ancestral Japanese Ko Bi Do Ritual.

**Cryo Lifting Facial- The Organic Pharmacy** **55 min / 95€**  
 By combining thermotherapy, cryotherapy, and lymphatic drainage techniques with specialized Cryo tools, this facial boost skin circulation, reduces inflammation, and naturally lifts and contours the face.

### Valmont Focus facial treatments

**Vitality mini-facial** **40min / 85€**  
 This treatment revitalizes the skin by stimulating cell oxygenation and dissolving any sign of fatigue. The skin revels in newfound energy and vigor, while the complexion appears fresh and radiant.

**Gentleman's awakening facial** **55min / 95€**  
 Valmont experts selected specific massage techniques for decongestant action targeting the eye contour. This treatment features precise gestures to eliminate fatigue and restore a fresh glow to the gaze.

## DETOX BODY SPIRIT

**Hydrotherapy facilities** **45min / 40€**  
 The benefits of contrast (hot & cold) therapy are well known for the body and mind. It promotes a draining of toxins, improves circulation and promotes a feeling of overall well-being.

**Body scrub collection** **30min / 70€**  
 Detox your body, remove the dead cells and acquire a new skin, to ideally prepare for your best summer tan by choosing among various Cinq Mondes peeling products.

**Add-on:**

- Udvertana fat-burning & detox wrap **20min / 40€**
- Hydrating body mask **20min / 30€**
- Biocellulose facial sheet mask **20min / 30€**

**Body Sculpting Massage by Valmont** **55min / 110€**  
 A body sculpting massage, with anti-cellulite, anti-orange-peel, draining and firming action thanks to a mix of gentle movements respecting mature skins and specific original palper-rouler motions, with high performance D-Solution Booster serum...

## ORLOFF SPA IN ATHENS | SPA MENU

Discover the harmony of beauty and wellness with advanced Swiss facials, organic skincare, and holistic massage rituals inspired by global traditions. Each treatment is designed to delight the senses and deliver visible results.

At Orloff Spa Experts, expert therapists draw on the healing arts of Asia, North Africa, and Greece, offering bespoke journeys of rejuvenation—where luxury and serenity meet.

